

A Prayer for Youth and Young Adults

Jesus Christ, King of the Universe,
to you we turn in humble prayer.
Look with favor upon all young people,
bearers of hope for the Church and the world.

Jesus Christ, companion
of youth and young adults,
bless the paths of discovery and discernment,
through times of joy and experiences of hardship,
with the constant love and support of your Church.

Jesus Christ, alive in the hearts
of all your people,
grant that we may
“journey together, young and old...
to nourish our enthusiasm, cause dreams to emerge,
awaken prophesies and enable hope to blossom.” *

Jesus Christ, Redeemer of all humankind,
open our hearts to encounter all young people,
to accompany and be in community together,
and as one Church, embark upon our holy mission.

Jesus Christ, in the company
of the Father and the Holy Spirit,
graciously hear our prayer
and be with us forevermore.

Amen.

** Pope Francis, Christus Vivit, 199*